

## Aspirations

Name(s):

School:

District:

Grade(s) Served: 9, 10, 11, 12

Domain: Career

### Activity

Students will explore information about how to finance post-secondary options and relevant information about career choices.

### Lesson Topic

Skills to investigate the world of work in relation to knowledge of self and make informed career decisions.

### ASCA Mindset Standards

M 2. Self-confidence in ability to succeed

M 4. Understanding that postsecondary education and life-long learning are necessary for long-term career success

### ASCA Behavior Standards

B-LS 6. Set high standards of quality

B-LS 7. Identify long- and short-term academic, career and social/emotional goals

B-SMS 4. Demonstrate ability to delay immediate gratification for long-term rewards

B-SMS 5. Demonstrate perseverance to achieve long- and short-term goals

B-SS 3. Create relationships with adults that support success

B-SS 8. Demonstrate advocacy skills and ability to assert self, when necessary

### Learning Objectives

Students will learn about post-secondary options, and what it takes to prepare for them. They will also learn that no one should dismiss any options.

## Materials

Access to the internet

## Handouts/Resource

<https://aspirations.sparc37.com/>  
<https://aspirations.sparc37.com/high-school-aspiration-plan/>

## Procedure

Students should use the worksheets to explore as if they are the students illustrated on them. After exploring information that would be relevant to that student, and taking notes, have students pair up and role play. One student should be the mentor and the other student plays the role of the student on the worksheet. Have the mentor-students advise the other. Then reverse roles. Students should provide information in each of the three categories. Encourage them to include information about living wages, kinds of employment, and opportunities. Discuss what information they found relevant. Students should complete the aspiration plan. Then, have students explore for themselves. Encourage them to take their handouts and discuss the information with their parents or mentors.

**Plan for Evaluation:** How will each of the following be captured?

## Process Data

Roster of students participating.

## Perception Data

Students should complete the perception survey on goal setting and college plans.

## Outcome Data

Outcome data will be the number of students who complete the Aspiration Plan and take it home to discuss with their parents.

## Follow Up Plan for Students Who Do Not Meet Objectives

Students who do not meet the objective will repeat the activity either in a one-on-onesession or in a small group.